

Make Your Home a Piece of Heaven



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Hello!
I'M DINA LIMA



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Broker/Owner of Valencia Properties and Bilingual Realtor® in Fort Worth, Texas, offering exceptional service with integrity and expertise.

I began my real estate career in the early 2000s as a home builder, building beautiful energy-efficient custom homes for individual families. I often tell people I used to build homes, and now I sell them!

With two decades of experience in the housing industry, I've learned how much we love personalizing our spaces for comfort, functionality, and renewal.

In this guide, I share the things I've learned along the way to help you make your home a piece of heaven.

To your health and happiness,

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Table of CONTENTS

- 1 Every Home Has a Spirit
 - 2 Spirit, Soul and Body
 - 3 The Perfect Balance
 - 4 Nurturing Your Overall Health
 - 5 Building Your Family Story
 - 6 Creating Happiness
 - 7 Easy Home Décor
 - 8 The Kitchen: the Heart of the Home
 - 9 Your Bedroom, Your Sanctuary
 - 10 Where to Invest Your Money
 - 11 Your Home, a Piece of Heaven
 - 12 A Well-lived Life
-



1

Every Home has a SPIRIT

Having toured hundreds of homes...

I am convinced that every home environment has a spirit, an invisible aura that can be felt and experienced.

The people and the environment they create produce a spirit of peace and joy or discord and unhappiness. Every member of the family contributes to making the home a haven of refuge, rest, and renewal—our piece of heaven to reconnect with those we love and do life together.

It takes wisdom to make our home atmosphere pleasant, peaceful, and refreshing: “By wisdom a house is built, and by understanding it is established; by knowledge the rooms are filled with all precious and pleasant riches” (Proverbs 24:3-4).



The People

Every family member supports the emotional stability of the home, but the woman of the house sets the emotional temperature. The more stable she is, the happier the home environment will be. As the saying goes, “If mama ain’t happy, ain’t nobody happy!”

The Environment

The woman of the house has the power to create an environment conducive for increased comfort and productivity: “The wise woman builds her house, but with her own hands the foolish one tears hers down” (Proverbs 14:1). Let’s look at how we can make our homes a piece of heaven.

SPIRIT

Soul and Body



God created us amazing beings comprised of spirit, soul, and body. All three are designed to work in harmony for optimum health and well-being. When one part fails, the entire body suffers, as does the atmosphere at home.



Our Spirit is the essence of our being, the very breath of God. (Genesis 2:7)

Our Soul is the home of our mind, emotions, and will. It is our decision-maker. (Matthew 22:37)

Our Body is the house where our spirit and soul dwell. It is the Temple of the Holy Spirit of God. (1 Corinthians 6:19)

I will praise You, for I am fearfully and wonderfully made; marvelous are Your works, and that my soul knows very well.

Psalms 139:14

3

Finding the Perfect **BALANCE**



God designed our spirit, soul, and body to work in harmony. Finding the perfect balance is key for our overall health and happiness.



THE CHALLENGE: Studies show that a lack of proper rest and a sugar-filled diet cause inflammation, which results in depression and anxiety. If our bodies don't get enough deep sleep through the night, the liver doesn't complete its cleansing function. This turns into toxicity in the body!

THE SOLUTION: *Get enough nightly rest and take one day per week to unplug and recharge fully to be more creative and productive in the upcoming week.*



THE CHALLENGE: Stress and anxiety that stem from social media use can cause a spiritual imbalance. Not only do we expose ourselves to oversaturation of information, but we also open ourselves up to a myriad of negative influences, such as the sin of comparison. Comparing ourselves with others can open the doors to envy and jealousy, making us feel depressed, hopeless, and terrible about ourselves, and not be thankful for what we already have.

THE SOLUTION: *Reduce or eliminate social media consumption.*



THE CHALLENGE: Unhealthy eating habits affect our physical and emotional well-being. Eventually, our spiritual state will also suffer because we disconnect from an intimate relationship with our Creator. God did not give us a spirit of fear, yet to overcome it, He gave us a powerful trio—the spirit of power, love, and a sound mind. We overcome anxiety, stress, depression, poor food choices, and negative thought patterns with God's Word.

THE SOLUTION: *Eat healthy, spend time with God, and meditate on His Word.*

The Bible offers the best advice for optimum mental health: think on things that are true, honorable, just, pure, lovely, noble, commendable, and worthy of praise (Philippians 4:8). Let's do our part of self-care, and God will handle the rest.

Nurturing Your OVERALL HEALTH

1 Meditate

Set aside time daily to be alone with God. Quiet your mind by taking a few deep breaths. Pray prayers of thanksgiving. Read Psalms 103 out loud, whether you feel like it or not, and watch anxiety and stress begin to dissipate. Remind yourself who your God is by reading Genesis 1, Job chapters 38-42, and Psalms 23, 91, and 121. You will feel your faith begin to grow. There are moments when we need the help of a friend. But there are times when we must be alone with God. It is these special moments that mark us, purify us, and strengthen our faith. Without faith, it is impossible to please God.

2 Improve Self-Care

*Self-care is crucial for your overall well-being. Get yourself ready and looking beautiful every day. Wash up, put on your makeup, wear your favorite clothes, do your hair, and go conquer the day! Drink more water, half your weight in ounces. Eat healthy, replacing greasy and sugar-filled foods like breads, pasta, and sugary desserts and drinks with healthier options such as salads, fish, chicken, turkey bacon, fruits, vegetables, nutrient-rich shakes with almond milk, and green tea. Eat red meat once in a while. Get educated on food nutrition. When shopping, read the labels, avoiding inflammation-prone ingredients such as seed oils and high fructose corn syrup. Avoid unclean foods such as pork. It's often said that we are what we eat. But in reality, we are what our food ate. Take vitamins and supplements. Listen to your body. Do a detox cleanse at least twice per year to help your body, the Temple of the Holy Spirit, get rid of toxins and perform at its optimum.

3 Do Everything with Love

Whatever you do, do it as unto the Lord with all your heart and all you've got, which is the secret to living peacefully without any regrets!



*NOTE: this information is provided based on my personal experience in adopting a healthy lifestyle. Consult with your doctor or health nutrition professional to help with your individual needs.

Building Your Family STORY



“Unless the Lord builds the house, they labor in vain who build it; unless the Lord guards the city, the watchman stays awake in vain” (Psalms 127:1).

Every family is as unique as our fingerprints. And every family builds their own story and legacy. Although modern technology has made life easier, more efficient, and better in many ways, it does not replace the ancient wisdom found in God’s Word to nurture our family relationships on the virtues of love, conversation, and breaking bread together.

The art of communicating through actual conversation lends itself to transmitting our family virtues and values to the next generation. Through conversation, God instructed the people of Israel to pass on the knowledge of their godly heritage: “Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up” (Deuteronomy 6:7).

The Jewish culture practices a weekly Shabbat dinner every Friday evening. It is a beautiful practice we can adapt to nurture family unity and do life together.

We should make every effort to communicate and break bread together with our families as often as possible.

The Lord blesses the home of the righteous.
Proverbs 3:33

Creating HAPPINESS



1 Declutter

A decluttered life is a peaceful life. Clutter causes unnecessary stress, anger, and frustration. Practice the art of giving things away and only keeping what is necessary. Spring cleaning can be done at any time of the year. Separate clothes, shoes, and other household items into three categories: keep, gift, or sell. As you declutter, you will begin to feel great relief and happiness!



2 Organize

Once you've decided which items to keep, it is time to unleash your organization genius! First, prepare by purchasing storage items such as small to larger storage baskets or containers that you can easily find very economically at your local dollar store. Next, organize your home by completing one drawer/cabinet at a time, one room at a time. Then, go to the next room and do the same.



3 Clean

One of my favorite business mentors always emphasized the importance of cleanliness on home construction sites. Her signature phrase was, "Cleanliness is next to holiness." This principle applies to our homes. A decluttered, organized, and clean house is like fresh water to a thirsty soul.

*Cleanliness is next
to holiness.*

Easy Home, DÉCOR



1 Greenery

Green is the universal color that symbolizes life, renewal, rebirth, freshness, and hope. Greenery, such as small natural or synthetic plants, can instantly add life to your home. Add greenery to the kitchen, dining table, center table in the living room, home office, nightstands, bathrooms, entry table, and even your front entry.



2 Storage

Baskets are a great way to organize. Use baskets in your living room to store throw blankets. There's no limit as to where you can use storage organizers, including in the kitchen pantry, "junk drawer", cabinet under the kitchen sink, laundry room, and bathroom cabinets.



3 Clustering

You don't have to be a professional interior decorator or designer to make your home look beautiful. An easy way to decorate is clustering items in sets of three, as in the picture on the left. Note the greenery, a storage basket for books and magazines, and a third décor item that can be anything from a decorative teacup set, a candle, or a unique find at your local antique or thrift store.

The Kitchen:
THE HEART
of your home



The kitchen is the center of the home. Does it feel dark and lifeless? A fresh coat of paint on your walls and cabinets in a white or cream color will instantly brighten your kitchen! Here are some of my favorite décor ideas for making the kitchen more functional and inviting.

- Add a statement lighting
- Choose eye-catching chairs for your island
- Decorate with vintage pieces
- Add or upgrade the cabinet hardware
- Opt for a beautiful bold color for your island
- Display your favorite cookbooks
- Infuse warmth with colorful rugs
- Add colorful art
- Incorporate small paintings
- Organize items with trays and baskets
- Keep countertops clear of clutter
- Add some fresh natural greenery or flowers
- Add unique, eye-catching vases
- Infuse color with pretty hand towels



Creating simple beauty and balance is key.

Your Bedroom, YOUR SANCTUARY

The ultimate calming retreat

- Opt for calming and soothing colors for your bedding and décor.
- Add a throw blanket in neutral tones for a great welcoming feel.
- Cover the windows with solid-colored draperies to make the bedroom feel snug and comfy.
- Add pillows and more pillows! I suggest choosing cozy pillows in complementing neutral colors.
- Add a natural element such as greenery.



The ultimate cozy sanctuary

- Shut out technology to make your bedroom a space to relax completely.
- Add books and fresh plants or flowers instead of a television or phone charger to make your bedroom a low-tech or tech-free zone.
- Consider painting your walls in relaxing tones for added comfort.
- Your bed is your place to rest, dream, and recharge, so dress it beautifully with soft linens, plenty of cozy pillows, and an elegant yet comfortable quilt or comforter.

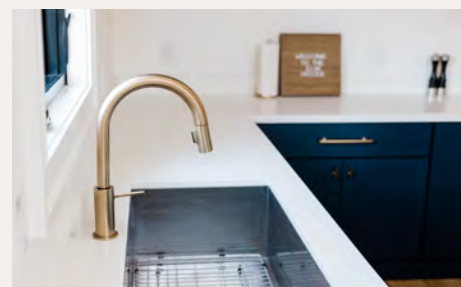
Where to Invest your MONEY



When the time comes to sell your house, updating your kitchen and baths will get you the best bang for your buck. I recommend focusing on these.

Kitchen

- Paint the cabinets and walls
- Add or update the cabinet hardware
- Paint/add/replace the backsplash tile in a neutral tone
- Update the kitchen faucet and sink
- Update the countertops
- Update the lighting
- Update the appliances



Baths

- Paint the cabinets and walls
- Add or update the cabinet hardware
- Update the shower tile
- Update the plumbing fixtures
- Update the countertops
- Update the toilets
- Update the flooring
- Update the mirrors
- Update the lighting

Your Home

A PIECE OF HEAVEN

The Secret Formula

One key Scripture that unlocks the secret to building our homes on a strong footing indicates that it is the work of the Lord: "Unless the Lord builds the house, they labor in vain who build it" (Psalms 127:1).

How do we partner with God to build our homes on a solid rock? By providing an environment that makes room for and nurtures the fruit of the Spirit: love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, and self-control (Galatians 5:22-23).

Will everything go perfectly all the time? No, but having a guide for living will point the way, help you and your family get back on track and move forward together.



The Greatest Gift

The noblest gift we can give our families is not a luxury home, money, and other material things, but love, because: "Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; does not behave rudely, does not seek its own, is not provoked, thinks no evil; does not rejoice in iniquity, but rejoices in the truth; bears all things, believes all things, hopes all things, endures all things. Love never fails" (1 Corinthians 13:4-8).

A WELL-LIVED *Life*



One of the greatest secrets to living well is breathing in God's Word regularly through daily reading. God's Word is a lamp that illuminates our path through divine advice for all areas of life.

For an exciting adventure in your Bible reading habit:

- Select and follow an annual reading plan, as it will eliminate the stress of knowing where to pick back up. Download my free and easy plan at dinalima.net to get started. My plan includes the first five books of the Bible and the books of Psalms and Proverbs that offer much comfort and wisdom for living.
- Read the Bible like a book, letting the Author tell the story, which helps us receive and heed the wise counsel hidden within its pages.
- Read the Bible with a Hebraic lens, knowing that it is God's divine instruction given to the nation and people of Israel, who passed it on to the rest of the world.

Jesus said, "If you love me, you will keep my commandments" (John 14:15-17).

We can only keep, honor, and observe God's commandments if we read them. When we do, our lives are transformed, and our homes truly become a piece of heaven!

Bio

I'm a full-time, full-service Real Estate Broker with a broad knowledge of the housing industry in the beautiful area of Dallas/Fort Worth, Texas.

I love helping families achieve the American dream of owning their piece of real estate. I started my real estate career as a home builder in the early 2000s, building beautiful, high-performance custom homes. For over a decade, I've had the privilege of helping many people buy and sell their homes.

As a local Realtor® member of real estate industry associations, I'm an advocate of laws and policies that benefit homeowners.

Having assisted many people from different backgrounds and cultures helped me fine-tune my process to make the experience simple and easy.

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Happy Clients

“Dina was referred by a good friend. We were unfamiliar with Fort Worth and nearby cities. She prepared a binder filled with information that **addressed our needs perfectly**. Her **work ethic and diligence** impressed us. She is **knowledgeable**, warm, humble, and **trustworthy**. We highly recommend her.”

—Jerry & Dorothy

“We have bought and sold a number of homes. However, Dina **went above and beyond what any realtor has ever done for us**. She represented our home in such a **professional** and **wonderful** way, gave us great insights on preparing our home for showings, and was **always available** for any questions or concerns. We would use her again without any hesitation.”

—Michael & Patricia

“Working with Dina was the best and smoothest real estate deal that we’ve done. Most important for us was her **honesty** and **integrity**.”

—Oscar & Irasema

“This was my first time buying a house and I was very nervous about the whole process. But Dina was **beyond amazing**, very **detail-oriented**, and **takes great care of her customers**.”

—Joyce S.

“I’m so thankful to Dina Lima for her **service, professionalism** and friendship, because after closing we still keep in touch. She is a person worthy of **trust** and to have as friend and Realtor.”

—Mariana M.

“Dina Lima is an amazing Realtor! She **supported** us, kept us calm, **answered all of our questions**, and made sure everything was completed in a **timely manner**. Her knowledge and personality are a breath of fresh air.”

—Johnson & Jeslyn

“A+ for Dina Lima! She gave us **sound advice** and helped us tremendously not only with our home search but throughout the entire process until closing. We would recommend Dina to anyone looking to buy their dream home and we most certainly will **work with her again in the future**.”

—Alex & Imani

Additional GUIDES & RESOURCES

[Home Buyer's Guide](#)

[Buying Process](#)

[Home Seller's Guide](#)

[Selling Process](#)

